Introduction: Social and structural changes have increased the bio-social context of people with disabilities; However, people with disabilities face major problems in this area and their social life is disrupted. Therefore, the issue of social life and social contexts of the lives of people with disabilities becomes important and important. Method: The systematic review used in this study. The statistical population includes all available studies and researches that have addressed the dimensions of social life and social contexts of people with physical and mobility disabilities in Iran. Related studies were searched in the scientific databases of the country in the period of 1997- YOY1, and 1117 studies were selected based on the inclusion and exclusion criteria of the studies. In order to obtain information and analyze the data of studies, data mining worksheets in the form of 'Findicators were designed and adjusted and the basisof coding and annotation was done by researchers. Finding: In reviewing the study data, it was found that most studies have been conducted in central Iran and studies in terms of social life and its social contexts fall into two categories of mental actions and objective actions of social life of people with physical disabilities. Factors affecting social life include four factors demographic, socio-cultural, structural and physical, and individual-psychological. Also, solutions and suggestions are presented in three dimensions: socio-cultural, economic and consulting.