

## Majid Sadoughi

### Personal Details

Nationality: Iranian

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### Education

- 2003 - 2008: PhD in general Psychology, University of Isfahan, Isfahan, Iran
- 2001 - 2003: MA in 'Psychology of exceptional children', University of Tehran, Tehran, Iran
- 1997 - 2001: BA in 'Education', University of Kashan, Kashan, Iran

### Academic interests

- Health Psychology
- Psycho-Oncology (Psychological, social, and behavioral aspects of cancer)
- Positive psychology
- Emotional distress

### Professional experience

#### A: University teaching

- ✓ 2009 - Present: Assistant Professor of Psychology, University of Kashan. Kashan, Iran.
  - Courses: general Psychology, Mental Health, physiological psychology, (BA program), Research Methods, principles and procedures of behavior modification, (MA program)
- ✓ 2007 - 2009: Visiting lecturer at *University of Semnan*
  - Courses: Research Methods, Mental Health

#### B: Published works

- 📖 Sadoughi, M., Akkashe G. (2009). Effectiveness of cognitive-behavioral therapy on reduction of chronic tension headache. *Journal of Shahrekord University of Medical Sciences* 11 (3): 85-92.
- 📖 Sadoughi, M., Nouri, A., Kajbaf, M., Akashe, G., & Molavi, H. (2009). Can progressive relaxation training reduce chronic tension headache. *Journal of Iranian Psychologists*, 18(5), 148-57.
- 📖 Sadoughi, M., Mehrzad, V. & Mohammad-Salehi, Z. (2017). The relationship between psychological capital and quality of life among patients with breast cancer. *Razi Journal of Medical Sciences*, 24 (156), 111-119.

- 📖 Sadoughi, M., Mehrzad, V., & Mohammad-Salehi, Z. (2017). The relationship of optimism and hope with depression and anxiety among women with breast cancer, *Iranian Journal of Nursing Research*; 12 (247), 16-21.
- 📖 Sadoughi, M., & Hesampour, F. (2017). The relationship between anxiety, depression and perceived social support and quality of life among hemodialysis patients. *Journal of Clinical Nursing and Midwifery*, 6 (3).56-71.
- 📖 Sadoughi, M., & Hesampour, F. (2018). Predicting students' psychological well-being based on forgiveness and meaning in life: the mediating role of positive and negative affects, 48, 167-196.
- 📖 Mortazavi, S. A., Nikrahan, GH. R., & Sadoughi, M (2019). Comparison of the effectiveness of acceptance-and-commitment play therapy and its integration with training mothers on elementary school children' anxiety, self-esteem, and self-efficacy. *Journal of Clinical Psychology*, 10 (3), 77-90.
- 📖 Sadoughi, M., & Mohammad-Salehi, Z. (2018). The Relationship between Problematic Mobile Use and Sleep Quality among Nursing Students: The Mediating Role of Perceived Stress. *Advances in Nursing & Midwifery*, 27 (2), 15-20. [In English].
- 📖 Sadoughi, M., & Saffari, R. (2018). The Relationship between Body Image and Self-Esteem among Students: The Moderating Role of Self-Compassion. *Rooyesh-e-Ravanshenasi*, 7(10), 281-295.
- 📖 Sadoughi, M., & Mohammad-Salehi, Z. (2017). The relationship between problematic mobile usage and academic performance among students: the mediating role of sleep quality. *Educational strategies in Medical Science*, 10 (2), 123-132.
- 📖 Sadoughi, M., & Hesampour, F. (2018). Predicting the psychological well-being of kashan's medical sciences students based on forgiveness components. *Iran Journal of Nursing*, 30(110), 1-10.
- 📖 Sadoughi, M., & Markoubi, A. (2018). The relationship between basic psychological needs and academic burnout in medical students. *Strides in Development of Medical Education*, 15(1), e60239. [In English].
- 📖 Amiri-Vanani, L., Nikrahan, Gh. R., & Sadoughi, M. (in press). The Effectiveness of a Quran-Based Gratitude Training Program and its Timing on Happiness, Life Satisfaction, and Hope among Students. *Journal of Studies in Islam and Psychology*.
- 📖 Sadoughi, M., (2019). Canonical correlation between psychological capital and academic engagement among students of medical sciences, *Journal of Development Strategies in Medical Education*, 6 (2), 87-101.
- 📖 Sadoughi, M., & Hesampour, F. (2018). Predicting psychological well-being based on gratitude and meaning in life among medical sciences students, *Medical Ethics Journal*, 11(42): 79-89
- 📖 Sadoughi, M. (2019). The Relationship between Psychological Capital and Academic Burnout among Medical Students: The Mediating Roles of Academic Engagement. *Razi Journal of Medical Science*; 26 (1),
- 📖 Sadoughi, M., & Hesampour, F. (in press). Prediction of psychological well-being among the elderly: The role of spirituality, gratitude towards God, perceived social support, Iranian Journal of Aging, <http://salmadj.uswr.ac.ir/article-1-1347-en.html>

- 📖 Sadoughi, M., Zare, M., & Amani, M. (2016). The effectiveness of word-practice software using "NATAK" software on improving the accuracy and speed of reading in children with dyslexia, *Journal of Exceptional Children*, 16(2), 5-14
- 📖 Sadoughi, M., (2008). Criteria of evaluating qualitative research. *Methodology of social sciences and humanities*, 14 (56), 55-72.
- 📖 Sadoughi, M. (2011). Ethical criteria in behavioral sciences, *Methodology of social sciences and humanities*, 17 (67), 97-121.
- 📖 Sadoughi, M. (2008). Reframing evaluation criteria of quantitative research for qualitative research, *Methodology of social sciences and humanities*, 14 (55), 9-31.
- 📖 Sadoughi, M. (2019). Religion, spirituality and medicine. *Rooyesh-e-Ravanshenasi*, 7(11), 289-310.
- 📖 Sadoughi, M. (2007). Analysis of philosophical fundamentals of quantitative and qualitative research in behavioral science, *Methodology of social sciences and humanities*, 13 (52), 83-103
- 📖 Sadoughi, M., & Mirzaei-AliAbadi, F. (2018). Explanation of psychological well-being based on positive psychology components, *Rooyesh-e-Ravanshenasi*, 7(3), 177-197.
- 📖 Eftekhari, S., Sadoughi, M., Rezae, S. (2015). Developing emotional reading skills training program based on the theory of mind (tom) and study its effectiveness on autistic children empathetic skills, *Empowering Exceptional Children*, 7(4), 34-41.
- 📖 Sadoughi, M., & Mohammad-Salehi, Z. M. (2017). The relationship between anxiety, depression, and quality of life among women with breast cancer. *International Journal of Academic Research in Psychology*, 4(1), 11-19.
- 📖 Sadoughi, M. & Ghafari, O. (2018). Relationship between academic support with academic burnout among high school students with the mediating role of quality of life in school, *Journal of School Administration*, 6(1), 206-226.
- 📖 Sadoughi, M. (2018). The Relationship between Academic Self-Efficacy, Academic Resilience, Academic Adjustment, and Academic Performance among Medical Students, *Journal of Education Strategies in Medical Sciences*, 11(2), 7-13.
- 📖 Sadoughi, M. (2017). The relationship between personality traits, perfectionism and job burnout: the case of Iranian high-school teachers. *International Journal of Academic Research in Progressive Education and Development*, 6(1), 64-77.
- 📖 Sadoughi, M., & Hesampour, F. (2017) The Relationship Between Perceived Social Support And Loneliness Among University Students, *Multilingual Academic Journal Of Education And Social Sciences*, 5, 1-6
- 📖 Sadaoughi, M., & Hesampor, F. (2016). Relationship between social support and loneliness and academic adjustment among university students, *international journal of academic research in psychology*, 3(2), 2312-1882.
- 📖 Sadoughi, M., & Hesampour, F. (2016). The Relationship between Mindfulness and Cognitive Emotion Regulation and Depression among University Students. *International Journal of Academic Research in Psychology*, 3, (1), 49-59.
- 📖 Sadaoughi, M., & Hesampor, F. (in press). The Mediating Role of Happiness in the Relation between Hope and Academic Self-Efficacy with Academic Buoyancy among Students, *Rooyesh-e-Ravanshenasi*,

#### D: Works in progress

- 📖 Ongoing research project on “**The Relationship between Body Image and Marital Satisfaction among Cancer Survivors: Mediating Role of Mental Disturbances**” with Mehrzad, V. and Mohammad-Salehi, Z., Isfahan University of Medical Sciences.
- 📖 Ongoing research project on “**Predicting Self-Care and Quality of Life based on Illness Perception, Perceived Social Support and Health Locus of Control among Heart disease Patients**” with Golabchi, A, Khorasani, S. A. kashan University of Medical Sciences

#### Appendices

##### A: Other work experience

- ✓ 2019:
- ✓ 2010-2019:
- ✓ **Sadoughi Md, Mehrzad, V, Mohammad-Salehi Z.** The Relationship between Optimism, Hope, and Quality of Life among Women with Breast Cancer. The 12th International Breast Cancer Congress. 22 -24 February, 2017. Tehran - Shahid Beheshti University of Medical Sciences[*Poster*]
- ✓ **Sadoughi, M & Mirzaee, F.** The relationship between Information Literacy and Information Literacy Self-Efficacy and Students’ Academic and Research Achievement. 2nd Biennial International Conference on Reading. 1 & 2 May, 2112. *University of Kurdistan. Sanandaj, Iran[Poster]*
- ✓ **Sadoughi, M., & Zare M., Amani, M.** Development of Word Practice Software to Treat Dyslexia. 2nd Biennial International Conference on Reading. 1 & 2 May, 2112. *University of Kurdistan. Sanandaj, Iran. [Poster]*
- ✓ **Sadoughi Md, Mehrzad, V, Mohammad-Salehi Z.** *The Relationship between Resilience and Quality of Life among Women with Breast Cancer. 3 th international breast cancer congress. 14-16 February 2018. Tehran - Shahid Beheshti University of Medical Sciences[Rapid oral presentation & Poter]*
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##### B: Workshops attended

- ✓ 2019:
- ✓ 2018:
- ✓ 2017:

##### C: Lectures attended

- ✓ 2019:
- ✓ 2018:
- ✓ 2017:

##### E: Familiarity with statistical software

- SPSS
- AMOS
- PLS

##### F: Memberships

- ✓ Iranian Psychological Association
- ✓ Iranian Association of Social Psychology